

# ABBOTSWOOD SCHOOL

'Helping **everyone** achieve their best'



'It Really Does Matter'

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Headteacher: Mr G Moore

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14th December 2021

## Year 6 Bikeability - 24th - 28th January 2022

Dear Parent / Carer,

We would like to offer your child the opportunity to take part in Bikeability training. This is the national cycle training programme supported and funded by the Department for Transport. The course builds the skills and confidence of children who can already ride. Bikeability can not only make children better cyclists - potentially for the rest of their lives - but can help with general confidence and independent thinking. All of the Bikeability training is delivered by qualified, professional, DBS checked National Standard Instructors. Importantly, due to current restrictions, any rider wishing to take part in the Bikeability training must be able to cycle independently without physical assistance.

The first session is conducted on the playground where an assessment of ability takes place, followed by on road cycling in the local area surrounding the school for the rest of the course. The main aim of the course being that the children will be able to make a short journey in a safer manner and be more aware of road safety issues.

Each child will need a fully operational bike with two working brakes and a cycle helmet. If they do not have access to a bike, please let us know and we will endeavour to make the necessary provisions. Due to the current situation with Covid-19, we encourage all riders to have their **own helmet**. However, if this is not possible, then we may be able to support this too. A thorough bike and helmet check takes place during the first session, where any necessary adjustments are made to ensure that the equipment is suitable for the participants. Hi-Vis jackets will be provided to all children during the training for those not using their own.

At the end of the training the children will be given a certificate confirming they have completed the course and acknowledges the ability level that they are working at for the different outcomes; **independently, with more practice, with some assistance or not yet attempted**.

The course is running from **Monday 24<sup>th</sup> January until Friday 28<sup>th</sup> January 2022**. The course will run from 09:00am – 2:30pm every day. Although the cost of the training is £5.00 per child, we have decided that, as a school, we would like to fund the full amount. Therefore, the training will be **FREE** of charge - please note that there are only a maximum of 90 places available.

If you would like your child to participate in the training then please could you complete the google form below as soon as possible in order that we can ensure every child is provided for.

Google Form: <https://forms.gle/GWM6RFzDB52vKi9B7>

If you have any questions please do not hesitate to contact me. Thank you.

Yours Sincerely,

Sophie Vigar  
**(Upper School Phase Leader)**