



PSHE Long Term Overview 2022 - 23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p>Families and Friendships What makes a family.</p> <p>Safe Relationships Personal boundaries.</p>	<p>Respecting Others Recognising respectful behaviour.</p>	<p>Belonging to a Community Values and rules of laws.</p>	<p>Money and Work Different jobs and skills.</p>	<p>Physical Health and Mental Wellbeing Healthy choices and habits.</p>	<p>Growing and changing Personal strengths and achievements.</p> <p>Keeping Safe Risks and hazards.</p> <p>Healthy living. Transition to Year 4</p>
Year 4	<p>Families and Friendships Positive friendships including online.</p>	<p>Safe Relationships Responding to hurtful behaviour.</p> <p>Respecting Others Differences and similarities.</p>	<p>Belonging to a Community What makes a community.</p>	<p>Money and Work Respect for the Natural Environment.</p>	<p>Physical Health and Mental Wellbeing Maintaining a balanced lifestyle.</p> <p>Growing and changing Physical and emotional changes in puberty.</p>	<p>Keeping Safe Medicines and household products.</p> <p>SRE (puberty) and personal hygiene</p> <p>Healthy Living</p>
Year 5	<p>Families and Friendships Making friendships and peer influence</p>	<p>Safe Relationships Physical contact and feeling safe.</p> <p>Respecting Others Protecting the environment.</p>	<p>Belonging to a Community Protecting the environment.</p> <p>Circle time: Responding to risky or negative behaviour (alcohol/gambling)</p>	<p>Money and Work Job aspirations and career interests.</p>	<p>Physical Health and Mental Wellbeing Healthy sleep, sun safety, vaccinations.</p> <p>Growing and changing Personal identity and individuality.</p>	<p>Growing and changing Personal identity and individuality.</p> <p>Keeping Safe Keeping safe in different situations, responding in emergencies.</p> <p>SRE (making babies) and transition to Year 6</p>

<p>Year 6</p>	<p>Families and Friendships Attraction to others.</p>	<p>Families and Friendships Attraction to others.</p> <p>Safe Relationships Recognising and managing pressure.</p> <p>Respecting Others Expressing opinions and respecting others. Developing and maintaining healthy relationships</p>	<p>Belonging to a Community Valuing diversity.</p>	<p>Physical Health and Mental Wellbeing What affects mental health and ways to take care of it.</p>	<p>Money and Work Influences and attitudes to money.</p>	<p>Growing and changing Human reproduction.</p> <p>Keeping Safe Keeping personal information safe, drugs.</p> <p>SRE (relationships) and transition to Secondary Schools</p>
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