

# ABBOTSWOOD JUNIOR SCHOOL



'Helping **everyone** achieve their best'



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Headteacher: Mr G Moore

'It Really Does Matter'

1<sup>st</sup> September 2023

## School P.E. and O.S.A

Dear Parents and Carers,

Your child will have at least two opportunities each week to enjoy PE. Their year group will have a designated afternoon where they will enjoy Outdoor Sport Activities (O.S.A) and each class will also have an additional session on a separate day. This will be a PE session with their class.

Please refer to the table below to see your child's O.S.A and PE sessions. **Please ensure that your child is wearing their PE kit in school on their designated PE days.**

Day	PE	OSA
Monday	5MD, 4HW, 4PC, 5GE	Year 6
Tuesday	5BA, 4LM, 5ML, 5MM	Year 3
Wednesday	3JS, 3MJ, 3EH, 5SS	Year 4
Thursday	4BP, 4EH, 3SB, 3LD	Year 5
Friday	All Year 6 classes	N/A

Please name every item of your child's clothing. In such a large school, it is very easy for items to become misplaced. Ensuring that your child has a named uniform and PE kit makes it much easier to return lost items quickly to their owners when items are mislaid.

### **PE kit should consist of:**

- a red or white T-shirt (or polo shirt)
- black shorts
- appropriate trainers
- a warm tracksuit for outdoor games when the weather becomes colder.

O.S.A will go ahead outdoors unless the weather is too severe to allow it. On days where there is light rain, we advise parents to send their child in with a waterproof coat and a change of shoes.

If your child is unable to take part in PE, please email the school office, explaining the reason why so that they can pass this information onto the sports coaches. If children wear earrings (studs – one pair only), then for their health and safety, precautions will need to be taken to ensure that earrings are covered over by the use of medicated tape (available from chemists and supermarkets) or removed by them before the lesson.

**Monday 4<sup>th</sup> September**

- Year 4 and 5 - There will be NO PE on the first day back so children will need to wear their normal school uniform.
- Year 6 will need to wear their PE kit as OSA will go ahead as normal in the afternoon.

Yours sincerely,

Mr Glenn Moore  
Headteacher