

# ABBOTSWOOD SCHOOL

'Helping **everyone** achieve their best'



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Friday 8th September 2023

## Year 4 Swimming Sessions

Dear Parents/Carers,

As part of the Primary PE curriculum, all schools must provide swimming instruction to all children within their time in Key Stage 1 or 2. At Abbotswood, we are delighted to give children in Year 4 the opportunity to take part in swimming lessons at Totton Health and Leisure Centre.

The start date for the swimming sessions will be staggered across the rest of the year for each Year 4 class and further communications will be sent informing you on dates. 4LM will swim first and the swimming times are below:

**Lesson time 1:30-2:30**

14/9/23	21/9/23	28/9/23	5/10/23	12/10/23	19/10/23	2/11/23	9/11/23
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Your child will be taking part in swimming on a **Thursday afternoon**. The children will need to come dressed in their uniform and bring the items below.

**For their swimming session, the children will need:**

- A swimming costume (The Centre policy is not to allow long baggy style shorts, below the knee)
- Towel
- Goggles (optional)
- Swimmers with long hair should either tie hair back or wear a swim cap
- A water bottle

Qualified instructors from Totton Recreation Centre will lead the swimming sessions and your child will be accompanied to the pool by their class teacher.

We also need 2 parent helpers to support with walking the children to and from the centre. If you are able to assist, please contact the school office via email ([admin.office@abbsch.co.uk](mailto:admin.office@abbsch.co.uk)). Once help is confirmed, the office will make contact with you.

Yours sincerely,

Mr McCoy  
Year 4 Year Leader