

ABBOTSWOOD JUNIOR SCHOOL



'Helping **everyone** achieve their best'

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Headteacher: Mr G Moore

'It Really Does Matter'

17th October 2022

Year 4 Swimming

Dear Parents/Carers,

As part of the Primary PE curriculum, all schools must provide swimming instruction to all children within their time in Key Stage 1 or 2. At Abbotswood, we are delighted to give children in Year 4 the opportunity to take part in swimming lessons at Totton Health and Leisure Centre.

The start date for the swimming sessions will be staggered across the rest of the year as follows:

Lesson time 9:40-10:40

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|------------|------------|------------|------------|------------|------------|
| 4LM | 08/11/2022 | 15/11/2022 | 22/11/2022 | 29/11/2022 | 06/12/2022 |
| 4BP | 03/01/2023 | 10/01/2023 | 17/01/2023 | 24/01/2023 | 31/01/2023 |
| 4PC | 07/02/2023 | 21/02/2023 | 28/02/2023 | 07/03/2023 | 14/03/2023 |
| 4HW | 21/03/2023 | 28/03/2023 | 18/04/2023 | 25/04/2023 | 02/05/2023 |
| 4RD | 09/05/2023 | 15/05/2023 | 23/05/2023 | 06/06/2023 | 13/06/2023 |
| 4ML | 20/06/2023 | 27/06/2023 | 04/07/2023 | 11/07/2023 | 18/07/2023 |

Your child will be taking part in swimming on a **Tuesday morning**; their swimming lesson will replace their PE lesson for that week. The children can still come dressed in their PE Kit on Tuesday. They will have OSA as normal on Wednesday afternoon.

For their swimming session, the children will need:

- A swimming costume (The Centre policy is not to allow long baggy style shorts, below the knee)
- Towel
- Goggles (optional)
- Swimmers with long hair should either tie hair back or wear a swim cap

Qualified instructors from Totton Recreation Centre will lead the swimming sessions and your child will be accompanied to the pool by the sports coach that teaches their normal PE lesson.

We also need help with walking the children to and from the centre. If you are able to assist, please contact the school office via email (admin.office@abbsch.co.uk). Once help is confirmed, the office will make contact with you.

Yours sincerely,

Mr Morgan
PE Leader