

ABBOTSWOOD JUNIOR SCHOOL



'Helping **everyone** achieve their best'



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Headteacher: Mr G Moore

'It Really Does Matter'

5th July 2023

Dear Parents & Carers,

I wanted to make you aware that we will cover the following RSE objectives in class over the next few weeks:

1. how to identify external genitalia and reproductive organs
2. about the physical and emotional changes during puberty
3. strategies to manage the changes during puberty
4. the importance of personal hygiene routines during puberty including washing regularly and using deodorant
5. how to discuss the challenges of puberty with a trusted adult
6. how to get information, help and advice about puberty

If you have any further questions, please talk to your child's class teacher.

Thank you for your continued support.

Mr McCoy
Year 4 Leader